



The Edge Martial Arts & Fitness
 1654 Market Drive | Stillwater, MN 55082
 School (651) 351-7750 - info@edgemn.com
 www.EdgeMN.com

Belt levels	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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A = MAIN CLASSROOM | B = SMALL CLASSROOM

DRAGONS - AGES 4 TO 6						
All Levels	6:45 - B	6:00 - B	5:15 - B	5:15 - B	5:15 - B	10:45 - B

WHITE BELTS / BEGINNERS - AGES 7 & UP						
White	5:15 - B	5:15 - A 6:45 - B	6:00 - B	6:00 - B	6:45 - B	10:00 - B

ADULT ONLY WHITE BELT CLASSES ON WEDNESDAY AT 7:30PM

GOLD BELT AND ABOVE - AGES 7 TO 12						
Gold - Green	4:30 - A	5:15 - B	5:15 - A	6:45 - B	5:15 - A	10:00 - A
Purple, Blue, Red Stripes	6:45 - A	6:00 - A	4:30 - A	5:15 - A	6:00 - B	10:45 - A
Red, Browns, Black Stripes	5:15 - A	6:00 - A	6:00 - A	6:45 - A	6:00 - A	10:45 - A
Black	6:00 - A 17&UNDER	6:00 - A	6:45 - A	6:00 - A	6:45 - A	10:45 - A

GOLD BELT AND ABOVE - AGES 13 TO 99						
Gold - Green	7:30 - B	5:15 - B	7:30 - A	6:45 - B 7:30 - B	5:15 - A	10:00 - A
Purple, Blue, Red Stripes	7:30 - B	6:45 - A	7:30 - A	7:30 - B	6:00 - B	11:30 - A
Red, Browns, Black Stripes	7:30 - A	6:45 - A	6:00 - A	6:45 - A	6:00 - A	11:30 - A
Black	7:30 - A	6:45 - A	6:45 - A	6:00 - A	6:45 - A	11:30 - A

ADD-ON PROGRAMS - ADDITIONAL COST INVOLVED						
COMPETITION	6:00 - B	7:30 - A	6:45 - B	7:30 - A		
BLACK BOXES		CLUB MEMBERS ONLY			COMPETITION CLASSES	
ARE ALWAYS SPARRING CLASSES FULL GEAR IS REQUIRED TO ATTEND.		FRIDAY CLASSES FOR GOLD & ABOVE ARE FOR CLUB MEMBERS			TALK TO YOUR INSTRUCTOR ABOUT JOINING THE COMPETITION TEAM	

*Students should bring all required equipment to class regardless of stripe week.
 Students need to be ready before class and need to enter classroom before bow in.*